

Age-friendly Planning: Implications from Livable Planning in Minnesota, USA and British Columbia, Canada

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# + Why care?

- Rapid increase of elderly population worldwide
- Changes in physical and mental capacities
- Overwhelming preference among elderly to "age-in-place" maintaining social networks and community support
- Increasing role of the state

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# Livable Community Policies

- Global: World Health Organization "Age-Friendly" City Guidelines
- National: American Association of Retired Persons (AARP)
  Guidelines for "livable communities"
- Provincial/State Laws
- City/Regional plans & policies
- Neighborhood & citizen involvement
- Site specific designs for developments

# Research Questions & Project Aims

- (1) To what extent do "livable community" policies address the needs of older residents?
- (2) How effective is the implementation of "livable community" policies state/provincial policies?

Our goal is to go beyond "policy-making" to consider the result of "policy-doing"

## Evaluation Criteria

#### **■** Housing

Providing affordable, appropriate, and accessible housing

#### Outdoor spaces and buildings

 Adjusting the physical environment for inclusiveness and accessibility

#### **■** Transportation

Ensuring accessible, affordable, reliable, and safe transportation

#### **■** Community facilities

 Availability and access to health care, retail services, recreational and social activities

### + Data analysis

- Review of literature
- Content analysis of Livable Community Initiatives reports and documents
- Site assessments of selected senior housing buildings

# **SWEAT-R Observation & Coding**



EOR OFFICE USE ONLY ASSIGNED OBSERVER CODE

			1	2	3	4	
Observer ID							
Date (mm/dd/yy)							
Neighborhood ID							
Segment ID							
Start time							
Temperature (°F or °C)							
Is it raining?		yes = 1; no = 2					
Answer questions 1-5 at the NW corner of the segment							
NW Corner of Segment							
1a Is there an intended NW crossing area for pedestrians?	1	yes = 1; no = 2					
1b Is the crossing area marked? (ie, painted lines, zebra	2	yes = 1; no = 2;					
striping, and different road surfaces/paving)		N/A (no intended crossing) = 99					
2 Determine whether any of these traffic/pedestrian signals							
and systems are provided. Mark all that apply.							
Traffic signal	3	yes = 1; no = 2;					
	_	N/A (no intended crossing) = 99					
Stop sign Yield sign	4	yes = 1; no = 2;		l			
		N/A (no intended crossing) = 99					
	5	yes = 1; no = 2; N/A (no intended crossing) = 99		l			
Pedestrian crossing sign	6	yes = 1; no = 2;		-	-	-	
	ľ	N/A (no intended crossing) = 99					
Pedestrian <u>activated</u> signal	7	ves - 1: no - 2:		-			
	l	N/A (no intended crossing) = 99		l			
Pedestrian signal ( <u>not</u> activated by pedestrian)	8	yes = 1; no = 2;					
		N/A (no intended crossing) = 99					
Pedestrian overpass/underpass/bridge	9	yes = 1; no = 2;					
	ш	N/A (no intended crossing) = 99					
3 Time traffic signal (Green) or pedestrian signal (Walk).	10	se conds;		l			
	l	NA (no signal) = 9898; N/A (no intended crossing) = 9999		l			
	ш	, ,					
4a Does this end of the segment have ramps or curb cuts?	11	One side = 1; Both sides = 2:		l			
	l	None = 3:		l			
	l	NA (no sidewalk/curb) = 98					
4b Determine whether the following curb cut features are		101 (00 1101 1101 1101) - 22					
present.							
Grooves or bumps	12	yes = 1; no = 2;					
		NA (no curb cuts) = 98		l			
Color contrast with ground surface	13	yes = 1; no = 2;					
		NA (no curb cuts) = 98					
Material contrast with ground surface	14	yes = 1; no = 2;					
		NA (no curb cuts) = 98					
Broad apron curb cuts	15	yes = 1; no = 2;		i			
(Managed analogue and bright stations	15	NA (no curb cuts) = 98 inches:	_		$\vdash$	$\vdash$	
5 Measured <u>maximum</u> curb height at this segment end.	16	inches; NA (curb cuts/no sidewalk) = 98	1	ı	1	1	

1 SWEAT-R\_v11\_CIHR\_Revised-09-07

# Findings #1: Policy Comparisons

#### **■**Minnesota

■ Metropolitan Livable Communities Act (1995)

#### **■British Columbia**

■ Livable Region Strategic Plan (1996)

# Findings #2: Implementation

#### **■**Minnesota

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- LCDA \$76.5 million for 100 projects
- LHIA \$70.5 million for 241 projects
- TBRA \$18.3 million for 111 projects

#### **■** British Columbia

- No change in area of the Green Zone
- Increased diversity of housing types
- Constant proportion of the population in concentration area
- Increased kilometers of sidewalk and bike lanes
- Increased commute time/use of public transportation

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## Findings #3: Outcomes

#### Minnesota

- Housing
  - Additional units
- Outdoor areas/buildings
  - Accessible sidewalks
  - Litter/graffiti free
  - Limited seating
  - No public restrooms
- Transportation
  - Bus access
- Community facilities
  - Few destinations

#### British Columbia

- Housing
  - Increased diversity of units
- Outdoor areas/buildings
  - Good sidewalk, streetscapes
  - Protected seating areas
- Transportation
  - Bus access
  - Handicap transportation area
- Community facilities
  - Shops, community centers

## Conclusions

- ■Limited success of Livable Communities
  Policies/Plans
- ■Broad scope of these policies result in failure to specifically address needs of the aging population
- Essential to develop a more holistic policy framework

## Bottom line

Policy design is both—a process and a product!

